



# INDIVIDUAL PERFORMANCE COACHING



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Performance coaching is a powerful tool to help individuals and teams function at their highest level

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**When good performers grow into great ones, everyone benefits**

- The individual
  - The team
  - The culture
  - The bottom line
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JENNIFER  
PORCHER  
consulting

## How I help

### Drive Performance

- Explore your working style in a safe, supportive environment and achieve new levels of performance
- Examine strategies to overcome career obstacles and build on your competencies for success

### Promotions and Transitions

- Help gain clarity around performance expectations and impact
- Define the ways success is measured in the new role
- Translate success measurements into behaviors for top performance

## Specialties

### Cultivating Excellence

- Gain clarity and focus
- Explore business solutions
- Strengthen accountability and improve team alignment
- Recognize blindspots
- Set healthy boundaries
- Develop solutions
- Identify action items to achieve desired outcomes
- Earn and rebuild trust

## Let's work together

### Where to Start

- 1:1 Performance Coaching
- 45-minute sessions
- Kick-off: Clarify goals and timeline for engagement
- Sessions: Self-reflect, address priorities, and achieve goals
- Experience how a safe space and an experienced coach empowers your success

I'm a resource for highly motivated individuals who want to improve their performance with a qualified coach. I bring a unique combination of comprehensive business experience and a compassionate understanding of human behavior.

*Jennifer Porcher*

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